

Natural Scabies Treatments

Find Relief the Natural Way



By www.scabies-treatments.net

Introduction

If you have downloaded this report, you have no doubt been suffering with scabies for some time now.



If you were like me, it took time to admit to yourself that you could possibly have the infection. Especially if like me, you consider yourself a very clean and tidy person. Well, you're not alone and getting scabies is nothing to be embarrassed about as it happens to the best of us.

What's important is that you get your skin healthy again and get back to normal sleep and existence without torturous itching and scratching.

I've created this report out of personal experience of what works and what doesn't. I have always tended to try natural remedies opposed to chemical ones, so I experimented with natural herbs to see which one was most effective in getting rid of my scabies outbreak.

As it turns out, the best natural remedy that I found and have seen mentioned nowhere else during my research, was kind of discovered by accident. I will get to that scabies treatment and others in a minute, but first want to give you some general guidelines to follow so you can have the best results possible.

In the few pages to follow, I'll outline what I've found to be the best course of action when getting rid of the scabies mite and eggs from not only your body, but also your environment in the safest most natural way possible.

I wish you much success on this journey of being free from scabies and I hope, like me, you regain your life back and especially your sleep.

The First Step

Proper diagnosis is important when dealing with scabies. In my case, the first time I went to the doctor I was misdiagnosed with a bacterial infection. I was glad when the doctor said he didn't think it was scabies, but deep down, I think I knew the truth.

Needless to say, the antibiotic didn't work and by the time I convinced myself to go back to the doctor my skin was a mess with scabby sores and secondary fungal infections.

So the lesson learned is get to the doctor early and get the right diagnosis early. If you even suspect that it's scabies, demand to have the scrape test done. It's better to be safe than sorry like me.



Once you have the diagnosis, follow the treatment protocol prescribed by your doctor and this report. The doctor will prescribe you one of the commonly used insecticidal lotions. I'm not against using them as they initially can be a way to drastically kill scabies.

I do advocate using the insecticide as little as possible. I had to give myself 4 whole body applications of the lotion and was about to give another before I discovered the natural remedies that worked. I hate to think of the long-term damage the insecticide may have done to my system.

Insecticides are poison, by the way, and using them too much is harmful. I recommend using the prescription initially but then

start using the natural remedies as you have to wait a week to reapply the prescription insecticide anyway. Chances are you won't have to apply a second application of the lotion if you respond to the natural remedies the way I did.

The Second Step

The second part of your treatment involves washing and cleaning everything in the environment where the infected person lives.

Use hot water, dry things in a hot dryer, and iron things like pants, undergarments, and shirts. Vacuum and dust the house and furniture.



Things that can't be washed should be sealed in plastic bags for 2 to 3 weeks. If you don't have a dryer then I would recommend you wash things twice and use one of the natural remedies discussed in the next section in the wash.

While undergoing treatment wash bed linens every couple of days and wash towels after each use. It's also a good idea to wash all clothing after each use until you are sure you've eliminated all of the scabies from you and your environment.

Natural Remedies

1. Tea Tree Oil

This amazing natural oil is extracted from the tea tree commonly found in Australia. This oil has amazing antiseptic properties and is used in natural disinfectants. You may recognize the strong smell of tea tree oil as similar to Pine Sol cleaner.



You can rub the pure oil directly on the scabies sores but for all over infections it is recommended that you place at least 20 drops of tea tree oil in a warm bath. Soak in the bath for at least 20 minutes.

Even though tree oil is natural, it is still toxic to humans if taken internally. Be careful not get it in your eyes or mouth. If you've never used tea tree oil before, you should test it on a small patch of skin to be sure you aren't allergic to it.

Tea tree oil will kill scabies mites and will also treat secondary skin infections that may result. You can also use tea tree oil in your washing machine as a way to kill the mites and eggs more effectively.

2. Coconut Oil

This natural remedy for scabies is the one that I discovered myself and the one that I think is the best.



While recovering from scabies, I was sitting in the sun and decided to use pure virgin coconut oil to moisturize my skin.

That day there were also a lot of gnats flying around. I noticed when they landed on my skin, the coconut oil killed them almost instantly. Soon I noticed that the remaining scabies sores I had quit itching and in the next couple days healed.

I found out on the Internet that coconut oil is the highest known natural source of laurate (C-12), which is a natural insecticide. Although scabies are technically mites and not insects, it works just the same.

Buy 100% pure virgin deodorized coconut oil for the best results. Coconut oil is solid at room temperature but will liquefy as you rub it on your skin. Cover your entire body with the oil and leave it on for as long as possible. Perhaps simply cover yourself with a bathrobe during treatment and leave on overnight.

Coconut oil isn't toxic to humans and it soothes and moisturizes your skin. It also has antimicrobial properties that will help secondary infections heal. The only downside to this treatment is that it is a little messy.

Since coconut oil is 100% natural and safe you can use this treatment as much as you need to. Again it is wise to test a small amount on your skin to make sure you aren't allergic to the oil.

3. Neem Oil

This remedy is derived from the neem tree that grows in India. Neem oil has over 20 compounds in it that works as an insecticide as well as an anti-fungal agent.



Neem oil can be applied to the scabies infected areas but would be a good idea to apply the oil over the whole body. Neem oil is safe for external use, but again, a small area of the skin should be tested for possible allergies.

Leave the oil on the skin for as long as possible and avoid getting it in your mouth or eyes. Neem oil is high in Vitamin E and good fats so it will help sooth your itchy skin and treat secondary infections.

4. Zinc Oxide

Zinc Oxide cream is a natural way to sooth the scabies rash, stop itching, and help heal secondary infections. Find a zinc oxide cream that is fragrance free and mixed with vitamin E and/or aloe for added benefits.

Conclusions

Hopefully you will find relief from your scabies outbreak with these natural remedies. Remember that what works for some, may not work for others depending on the severity of your scabies infection.

Also, if steps aren't taken to rid your environment of the scabies, then the remedies mentioned in this report will only work temporarily.

Again, I recommend that you see a doctor about your scabies infection and use your doctor's prescribed medication along with the natural remedies. To be honest, scabies is hard to eradicate and by using these natural remedies you can get rid of the mites with as little exposure to chemical insecticides as possible.

References

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Disclaimer

This Natural Scabies Treatment Report is not designed to diagnosis disease, but to be used for informational purposes only. Consult your doctor about using any of the remedies described in this report to make sure they are safe for someone with your medical history. Also consult your doctor about using any of these treatments while pregnant or before using them on children.

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